



USATF-CT Association Racewalk Championship
10:00am 1 Mile fun Walk

10:30am 10,000M (6.2 Miles) Open/Youth/ Masters
Sunday November 1, 2009
Peters Recreational Complex Track - Clinton, Connecticut

10,000M Awards - Open, Youth and Masters / Ribbons for 1 mile fun walk.
Please be prepared to keep count of your laps or bring someone who can.

Entry Fee \$15.00- 10K/ \$5.00- 1 Mile – Payable at the event or make checks payable to Connecticut

Racewalkers and mail before Oct 24 to:
Connecticut Racewalkers
47 Broad Street
Guilford, CT 06437

Call or Maryanne/ Ron Daniel 860- 669-2440 for more info.



First Name: _____ Last Name: _____

Age on Race Day: ____

Club: _____

E-mail address _____

Address: _____ Male: ____ Female: ____

City: _____ State: _____ Zip: _____

Athletes who participate in this competition may be subject to formal drug testing in accordance with USA Track & Field

Regulation 10 and IAAF Rule 55. Athletes found positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future competitions. **SOME OVER-THE-COUNTER MEDICATIONS CONTAIN BANNED SUBSTANCES. INFORMATION REGARDING DRUG TESTING MAY BE OBTAINED BY CALLING THE USOC HOT LINE AT 800-233-0393.**

In consideration of your accepting this entry, I, the undersigned intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the

Connecticut Racewalkers, Ethel Peters recreation Complex track, USATF and any and all sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event, even if such injuries result from negligence, fault or carelessness of the Connecticut Racewalkers or any of the other above mentioned groups. I attest and verify that I will participate in this event as a footrace entrant, that I am physically fit and have sufficiently trained for this event, and my physical condition has been certified by a licensed medical doctor. Further, I grant permission to any and all of the forgoing to use any photographs, video tapes, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature: _____ Parent's if under 18 _____



Directions To Peters' Recreational Complex- Clinton, CT.
(Behind Joel elementary school)

Directions to Clinton track:

I-95 N - exit 63, left off ramp, left at light, 1st
right onto Glenwood
Rd,*at the third stop sign turn left into Ethel
Peters Recreational Complex
track is at the back.

I-95 S - exit 63, right off the ramp, left at next
light onto Glenwood Rd.
follow *above

Rt 9S - exit 9, right off ramp onto Rt 81 S
Go several miles.
You will come to a traffic circle, continue South on Rt 81.
Go another several miles
You will pass Morgan HS on the left.
At the set of lights just before you pass over I-95, take a left onto Glenwood Rd
follow* above