



# 2005 USATF-CT

## Senior Indoor Track & Field Championship (ages 14 & Over)

**Sunday, March 20, 2005 - Sponsored by Yale Athletic Association  
Coxe Cage – Yale University  
12:00 noon to 5:00 p.m.**

### ORDER OF EVENTS

#### ***Track Events Start at 12:00 p.m.***

*60 m Dash	Trials	Men then Women
60 m Hurdles	Finals	Men then Women
*60 m Dash	Finals	Men then Women
3000 meter run	Final	Men then Women
4 x 200m Relay	Final	Men then Women
1 Mile Race Walk	Final	Men & Women
*1500m Run	Final	Men then Women
*400m Dash	Final	Men then Women
800m Run	Final	Men then Women
200m Dash	Final	Men then Women
4 x 400m relay	Final	Men then Women

#### ***Field Events Start at 12:30***

35 lb. weight Men  
followed by 20 lb weight Women  
\*followed by Shot Put Men & Women  
Pole Vault Men & Women  
Long Jump Men & Women  
Followed by Triple Jump Men & Women  
High Jump Men & Women

***\*Featured master events 40-49, 50-59, etc., - athletes from all associations are invited to compete for medals in these events***

**Timing:** Platt Timing Systems

**Fee:** \$10.00 per athlete, max of 4 events  
A valid 2005 USATF card is required of all athletes – available at the meet for \$20.00

**Contact:** Bill Mongovan, USA TF/CT Track & Field Chairman  
Phone 203/722-1276, 203/655-9937 [gatewaytc@aol.com](mailto:gatewaytc@aol.com)

**Scoring:** Only USATF/CT members will score - USATF members from other Associations are invited to compete, but will not score nor displace USAFT/CT athletes in final events – Scoring shall be 10-8-6-4-2-1

**Awards:** USATF medals to first three places – USATF/CT athletes only. Club prize money will be offered to the first three male & female clubs in the amounts of \$75, \$50, \$25 – this applies to dues-paying 2004 USATF/CT clubs only!

**Eligibility:** All Senior (also called Open) aged athletes (14 years old and older) are eligible to compete- there are no qualifying standards – Relays must represent a 2004 dues-paying USATF/CT club (dues \$50)