

THE 2025 USATF CONNECTICUT ASSOCIATION JUNIOR OLYMPIC XC CHAMPIONSHIPS

Hosted by the Litchfield Track Club and sanctioned by USATF Sanction 159903

General Information

- Sunday, November 9, 2025
- White Memorial Foundation & Conservation Center, Litchfield
- WMF is off route 202 between Litchfield and Bantam via Route 8 North to exit 42. Route 118 to Litchfield and Route 202. WMF 2 miles on left.
- All parking will be in the Sawmill Field behind the starting line. No parking on roads or trails. Parking at the Activity Shed for officials only.
- Number pick-up starting at 8:00 a.m. at the Activity Shed.
- Course will be open for individual walks at this time. 2k, 3k, 4k and 5k maps available.
- Adult 5k race at 9:00 a.m.
- Long-sleeve shirts may be for sale in the Activity Shed.
- For additional information contact Irving Fox danburyhatterstrackxc@gmail.com.

Course Information

- All four courses are run over trails.
- The 2k has one small hill at the 1k mark.
- The 3k is flat with one hill near the end.
- The 4k and 5k have a hill at the 1.5 mile mark with an elevation of 134'.
- Leaves, roots, deer, tree squeeks, and possible puddles or snow will be encountered.
- Course maps can be found at [USATF.org](https://www.usatf.org).

Entry Information

- Register online at athletic.net
- Entry fee: \$10.00
- Entries open September 11, 2025 at 8:00 p.m.
- Entries close November 6, 2025 at 11:00 p.m.
- *There are no JO entries allowed the day of the meet.*

USATF Membership

- All competitors must have a current USATF Connecticut age-verified membership. This can be done online at [USATF.org](https://www.usatf.org) before registering for the meet.
- All entries must have had their ages verified by National Office prior to registration.
- Memberships purchased beginning 11/1 onwards will be valid until 12/31/26.

Date of Birth verification Policy

- USATF Championships require that event registrants shall be date-of-birth verified. Members are required to upload/submit their birthdate verification documents while completing their membership profile on the USATF Connect system. (revised 4-21)

Document Submission Information

- Documents submitted for birthdate verification will be processed within five business days of submission (excluding holidays). It is the responsibility of the registrant to assure submission in a timely manner to meet entry deadlines.
- Accepted verification documents include copy of Birth Certificate, Passport, Certified Baptismal Record, Driver's License, or U.S. Government Issued Identification.
- Birthdate verification documents must be uploaded through **USATF Connect**. If you are experiencing trouble uploading these documents, please contact the USATF National Office for assistance. Be advised that birthdate verification documents will not be accepted or uploaded by the National Office. Procedures for uploading these documents in the USATF Connect system must be adhered to and *there will be no exceptions*. Documents sent to the National Office will be returned and the verification will not be processed.
- If a document is illegible it will be invalidated and will not be processed. Invalidated documents will not result in an extension of the submission deadline. No extension will be granted for invalidated documents that require re-submission. The processing period will remain in effect. Birthdate verification documents will remain a permanent part of the member profile and will not require re-submission.

RACE SCHEDULE: Races begin at 10:00 am in the following order:

Race	Birth Year	Start Time	Distance	Runner
8 & Under GIRLS	2017+	10:00 a.m.	2k	(8:07) Laila Goodman, Litchfield TC ('19)
8 & Under BOYS	2017+	10:30 a.m.	2k	(7:39) Samuel Duffy, Litchfield TC ('16)
9-10 GIRLS	2015-16	11:00 a.m.	3k	(11:49) Danae Rivers, New Haven ('08)
9-10 BOYS	2015-16	11:30 a.m.	3k	(10:50) Kieran Haug, New Haven ('12) Azaan Dawson, New Haven ('13)
11-12 GIRLS	2013-14	12:00 p.m.	3k	(10:43) Angela Saidman, Wilton ('13)
11-12 BOYS	2013-14	12:30 p.m.	3k	(10:05) Matthew Remigino, Litchfield TC ('12)
13-14 GIRLS	2011-12	1:00 p.m.	4k	(15:32) Sabrina Olsen, Litchfield TC ('10)
13-14 BOYS	2011-12	1:30 p.m.	4k	(13:37) Robert Cozean, Litchfield TC ('16) Brendan Murray, Unatt. ('14)

15-16 GIRLS	2009-10	2:00 p.m.	5k	(18:06) Kerri Lyons, Club CT ('03)
17-18 GIRLS	2007-08	2:00 p.m.	5k	(17:18) Samantha Glass, Litchfield TC ('13)
15-16 BOYS	2009-10	2:30 p.m.	5k	(15:15) Brendan Murray, Unatt. ('16)
17-18 BOYS	2007-08	2:30 p.m.	5k	(15:08) Daniel Schumacher, Unatt. ('14)

Advancement Information

- The top 5 teams and the top 30 individuals from the Association meet qualify for Region 1 held November 23 at Highland Park Attleboro, MA.
- The top 5 teams and the top 30 individuals from the Region 1 meet qualify for the National Championship.
- Entries on athletic.net close on November 20 at 10:00 a.m.
- The National Championships will be held on December 13 at Blue River Cross Country Course in Shelbyville, IN.

Waivers

- Those unable to compete in the Association meet may apply for a waiver.
- Those applying must register on athletic.net prior to November 6.
- Waivers will be granted based on available space.
- **Note:** In the 8 & under division, only 7 and 8 year olds can participate in the nationals. Sub-7-year-olds cannot.

Safe Sport

USA Track & Field has been committed to creating a culture that clearly advocates, and provides for, a safe environment in which our athletes compete and train. We believe this is paramount to the success of all our programs.

For the safety of our athletes, particularly our youth athletes, as well as all our member participants, USATF adopted the USATF Safe Sport Program back in 2014. Safe Sport at USATF aims to prevent sexual misconduct and abuse, bullying, hazing, harassment, physical abuse, and emotional abuse in the sports of LDR, race walking, and track and field. Our goal is to create a clear culture of awareness to protect the participants in our sports at all levels.

USATF's Safe Sport Program includes elements of governance, advocacy, education and communication, and compliance and monitoring. Additionally, an important aspect of USATF's Safe Sport Program is the requirement that certain individuals within USATF be USATF 3-Step Safe Sport Compliant. USATF currently requires members of the following groups to be USATF 3-Step Safe Sport Compliant including, but not limited to: USATF National Office Staff, USATF Board of Directors, USATF registered coaches, club coaches, USATF certified officials, authorized athlete representatives, club leadership (i.e. club presidents, administrators, secretaries, coaches, etc., Association Safe Sport Volunteer Coordinators, and anyone with a role assigned to them on USATF Connect), National Team staff and other selected personnel, National Team Athletes, National Committee Chairs, Association leadership, Youth Executive Committee members, AAC

Executive Committee members, AAC Event Leaders, contractors/vendors with access to athletes, and any other adult who has Authority and/or Regular Contact over athletes.