



2016 USATF Connecticut Association Open/Masters Track & Field Championship

Saturday June 4, 2016
Bethel High School - Bethel, CT

Check-In begins at 9:00 a.m.
Field Events begin at 9:30 a.m. Running Events 10:30 a.m.

**Pre-Registration is through <https://www.directathletics.com/>
Post Registration Closes at 9:00 a.m. on race day**

**A 2016 USATF MEMBERSHIP NUMBER is required for registration
Pre-Entries close Thursday June 2, 2016**

Meet Director: (203) 722-1276 (203) 655-9937	Bill Mongovan, USATF-CT Gateway Track Club gatewaytc@aol.com
Site Director:	Yvonne Grimes
Timing:	GrimesTimes

ENTRY PROCESS:

All pre-entries through <https://www.directathletics.com/> Online Entries close Thursday June 2th at 8:00 p.m.

You may register on site up until 9:00 on the day of the event

Master events will be contested in ten-year increments 40-49, 50-59, etc., - athletes from all associations are invited to compete for medals in these events. Heats/Flights will be created based on performance competing with open athletes. Masters awards will be determined based on age-group results. Master athletes competing in the throws must use an implement appropriate for their age if they wish to be considered for awards.

Only current 2016 USATF members may compete. Memberships can be obtained at <http://www.usatf.org/membership>. (No memberships will be available on the day of the event)

ENTRY FEE:

Pre-Registration \$ 20.00 Day of Registration \$25.00

ENTRY LIMITS: Four events

AWARDS: USATF Association medals will be awarded to the top three individuals (CT Association members only) and Masters.

IMPLEMENT WEIGH-IN: Note... all implements must be checked before they can be used. Look for the implement weigh-in area when you arrive at the meet. Masters athletes must compete with an implement appropriate for their age group.

MEET CHECK-IN: Pre-registered athletes must check in and pick up their race packet and number and to confirm their intent to compete in each event for which they are registered. Event changes can be made up to 15 min. before the start of the meet.

EVENT CHECK-IN: Check-in for Running Events will take place in a designated area, TBA. Athletes will receive hip numbers at event check-in. Field Event athletes check in directly at the event. Athletes must check in for their events when the event is called or they will be scratched from that event.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front of their jerseys only. Bib numbers will be distributed to athletes at Meet Check-in. Hip numbers for running events will be distributed during Event Check-in.

EVENT RESULTS: During competition, event results will be posted near the meet check-in area. In addition, event results will be posted at <http://www.usatf-ct.org>.

PROTESTS: There will be a \$25.00 fee for all protests. Protests must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

NOTE: Out of association participants who are currently USATF members are welcome to compete but do not score or receive awards.

RULES – USATF as found in the 2016 rule book. Maximum Spike Length is ¼", **no Christmas Tree or Needle spikes**

ORDER OF EVENTS:

Finals on time. Women followed by Men

3000 Meter Race Walk	W-M combined	Shot	M - W
3000m	W-M combined	Discus	W - M
4 X 100 Relay	W - M	Javelin	W - M
100/110 Meter Hurdles	W - M	Long Jump	W - M
100m Dash finals	W - M	High Jump	M - W
1500 Meters	W - M	Pole Vault	
400m Dash	W - M	Triple Jump	M - W
400m Hurdles	W - M		
800m Run	W - M		
200m Dash	W - M		
			Hammer will not be contested

DIRECTIONS & PARKING:

Bethel High School 300 Whittlesey Drive, Bethel, CT 06801

New Haven to Bethel:

Route 34 through Derby to Route I-84 in Newtown. Take I-84 West to Exit 9 (Brookfield). From exit ramp turn left on to Route 25. Turn right (at end of Route 25) on to Route 6. Follow Route 6 to first traffic light at intersection of Route 6 and Old Hawleyville Road. Turn left on to Old Hawleyville Road and follow to 2nd stop sign. Turn right on Plumtrees Road. Follow Plumtrees Road to traffic light. Turn left at light on to Whittlesey Drive. Bethel High School is on the left approximately 1/2 mile from the light.

Hartford to Bethel:

Take I-84 West to Exit 9 (Brookfield). From exit ramp turn left on to Route 25. Turn right (at end of Route 25) on to Route 6. Follow Route 6 to first traffic light at intersection of Route 6 and Old Hawleyville Road. Turn left on to Old Hawleyville Road and follow to 2nd stop sign. Turn right on to Plumtrees Road. Follow Plumtrees Road to traffic light. Turn left at light on to Whittlesey Drive. Bethel High School is on the left approximately 1/2 mile from the light.

From I-84 East:

I-84 to Exit 8. At light go straight (towards Robert Buick), bearing left, going toward Newtown. On right you will pass Chase Bank. At bank, on corner turn right on to PAYNE ROAD. Follow Payne Road. Payne Rd becomes Walnut Hill Rd. Follow it to the very end. You will see a gray building on left. Turn right at the stop sign, go over the small bridge, take the immediate left on to Whittlesey Drive. Go all the way up the hill, Bethel High School is the last school on the left, approximately 1/2 mile from the light.