



2022 USATF-CT

Open/Masters Indoor Track & Field Championship

Sunday February 20, 2022

Sanctioned by USATF # 22-05-006

Bethel Track and Field Training Center Bethel High School

Bethel Connecticut - Check In Begins at 3:00 p.m.

All USATF Member athletes 15 years and older are invited to participate.

There are no Entry Standards

We are taking efforts to mitigate Covid exposure for this indoor meet. As Such, we are requiring online registration only. All Competitors must be fully vaccinated. Masks must be worn at all times when not actively competing. Please maintain social distance as much as possible. At this point, spectators are not allowed in the facility.

**Online Registration Opens Monday January 24. Registration Through [Direct Athletics.com](https://www.directathletics.com)
Online Registration Closes at 12:00 noon on Friday Feb 18th
This year there is no day-of registration.**

Entry to Building at 3:00 P.M. Competition begins at 4:00 P.M.

Pole Vault Ages 15 through Masters - Male and Female combined

Open & Masters Field Events: - (Long Jump, Shot Put, High Jump, Triple Jump)

Unfortunately, the facility does not allow a weight throw.

Order of Running Events:

3000 & 1600 Meter Racewalk	Open/Masters Final Combined Men and Women
3000 meter run	Open/Masters Final Combined Men and Women
55 meter High Hurdles	Open/ Masters Finals Only Men/Women
Mile	Open/Masters Final Combined Men and Women
200 Meters	Open/Masters Final Men/Women
400 Meters	Open/Masters Men/Women
800 Meters	Open/Masters Final Combined Men and Women
55 Meters	Open/Masters Final Men/Women

As this is a small meet, Master events will be contested in ten-year increments 30-39, 40-49, 50-59, etc., - athletes from all associations are invited to compete for medals in these events. Heats/Flights will be created based on performance competing with open athletes. Master's awards will be determined based on age-group results.

Master athletes competing in the throws must provide their own indoor shot put appropriate for their age. if they wish to be considered for awards. Athletes must throw and retrieve their own implements.

Timing: FAT through GrimesTimes. Live results @ [grimestimes.net](https://www.grimestimes.net)

Sanction: The meet is sanctioned by USATF

Fee: \$20.00 per athlete pre-registration only, no day-of registration.

Athletes may compete in up to 4 events.

A valid 2022 USATF membership is required of all athletes

Contact: Bob Fontaine USATF Connecticut General Questions Email bobfontaine@gmail.com

Rules: USATF rules will be followed as found in the 2021 USATF Rules Book

Awards: USATF medals to first three places

Eligibility: Under CIAC Rules, High School Athletes May compete as one of their 4 unattached meets. They may not represent their school and may not wear their school uniform

Spikes: 3/16 inch or pyramids. No pin spikes allowed

Facility: No food or drink other than water allowed in the facility.
No bags or purses allowed.
Athletic footwear only.
Athletes enter through lower level behind high school

Spectators are not allowed at this time due to Covid / Health Department Restrictions.