

Masters Training  
Bethel TF Training Center  
300 Whittlesey Rd. Bethel CT 06810  
(From Whittlesey take driveway past high school to Center)

Age 25 and up

2-4 pm.

Sundays

Jan, Feb, Mar

Bring USATF Membership card and license (photo id with age, residence)

Free to USATF-CT members

\$10 to out of state USATF members

3/16 site spikes only. Sneakers only to enter.

Bethel HS Track & Field Training Center is a two-level facility. 200M four lane track on the upper level. Sprint straight, 2 horizontal jump pits, 2 high jump pits, and a shot put circle on the lower level.

Questions: Yvonne Grimes Facility Manager [grimesy@bethel.k12.ct.us](mailto:grimesy@bethel.k12.ct.us)