



USATF CONNECTICUT ASSOCIATION
YOUTH INDOOR TRACK & FIELD MEET

Sunday, March 21, 2010

Sponsored by the Litchfield Track Club

Sanctioned by USATF Connecticut Association

Coxe Cage Yale University

8:00am to 12:00 noon

THIS IS A LOW-KEY, CASUAL MEET FOR YOUNGER ATHLETES

AGE GROUPS: By year of birth

Sub-Bantam (2002+), Bantam (2000-01), Midget (1998-99), Youth (1996-97)

ORDER OF EVENTS

Registration at 8:00am (no pre-entry)

TIME:	EVENT:	DIVISION:
8:30am	60m final	All divisions B&G
9:30am	1500m Run	All divisions B&G
followed by	Long Jump	All divisions B&G
followed by	400m final	All divisions B&G
followed by	800m final	All divisions B&G
followed by	4x 200m relay**	All divisions B&G
followed by	800m race walk	All divisions B&G combined

SPIKES: 1/8in or pyramids only—NO PINS!

FEE: \$5.00 per athlete, max of 3 events.

A valid 2010 USATF card is required of all athletes—available at the meet for \$20.00.

AWARDS: Award medals to the top six finishers in all age-groups/events

**Mixed age-groups allowed, however, no medals awarded

CONTACT: Dave Driscoll-Litchfield Track Club, Meet Director, 860-491-3738, 860-921-8705 (cell)

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